

JANUARY 2021



| LUNCH MENU | WEEK 1 Days: 7 - 8 | | WEEK 2 Days: 11 - 12 - 13 - 14 - 15 | | WEEK 3 Days: 18 - 19 - 20 - 21 - 22 | | WEEK 4 Days: 25 - 25 - 27 - 28 - 29 | | |
|------------|--|---|---|---|--|--|--|--|--|
| MONDAY | | | Pasta al pomodoro Spiedini di carne al forno con peperoni* Pere | Pasta with tomato sauce Baked meat skewers with peppers Pears | Pasta al pesto Frittata Carote Mele | Pasta with pesto Omelette Carrots Apples | Pasta al ragù* Spinaci* Pere | Pasta with meat sauce Spinach Pears | |
| TUESDAY | | | Gnocchi burro e salvia* Uova sode Insalata di fagioli Yogurt | Gnocchi with butter and sage Hard-boiled eggs Beans Yogurt | Riso al pomodoro Asiago Piselli* Budino | Rice with tomato sauce Asiago cheese Peas Pudding | Tonno, patate e Fagiolini* Yogurt | Tuna, potatoes and green beans Yogurt | |
| WEDNESDAY | | | Pasta al tonno Verdura cotta* Banane | Pasta with tuna Cooked vegetables Bananas | Pasta alla marinara* Insalata mista Banane | Pasta with fish Mixed salad Bananas | Pizza Finocchi Banane | Pizza Fennels Bananas | |
| THURSDAY | Pasta al ragù* Finocchi Clementine | Pasta with meat sauce Fennels Clementines | Pollo al forno con polenta e cavolfiori* Arance | Baked chicken with polenta and cauliflowers Oranges | Lasagne* Tris di verdure* Clementine | Lasagna Mix of vegetables Clementines | Cous cous con verdure* Polpette di manzo* Arance | Cous cous with vegetables Meatballs Oranges | |
| FRIDAY | Pizza Carote Mele | Pizza Carrots Apples | Riso all'olio Mozzarelline Carote Torta | Rice with oil Mozzarella cheese Carrots Cake | Fish and chips* Susine | Fish and chips Plums | Riso all'olio Pesce al forno* Purè di patate Mele | Riso with oil Baked fish Mashed potatoes Apples | |

La preparazione di alcuni piatti con ingredienti biologici e/o a "km 0" verrà effettuata in base alle disponibilità del mercato.

Preparation of some dishes with organic ingredients and/or "km 0" will be made on the basis of market availability.

I piatti contrassegnati con (*) possono essere preparati con materie prime congelate/surgelate

DIETISTA - Dott.ssa Schiavon Daniela